



News

September 2023



Master Plan for Older Adults
Listening Sessions



The York County Area Agency on Aging (YCAAA) will host a listening session on the development of the Master Plan for Older Adults – a 10-year, state-led and stakeholder-driven strategic plan designed to help transform the infrastructure and coordination of services for older Pennsylvanians. The master plan will also reflect the needs and preferences of older adults to live where they choose and access the supports they need to thrive and age in place.

Stakeholders, older adults and people living with disabilities, their families, caregivers and community leaders are invited to hear an overview of the plan, its core principles, and why such a plan is needed for Pennsylvania. There will be opportunities for those in attendance to provide comments and input.

Those interested in attending the listening sessions should RSVP by phone at **717-771-9001**.

Individuals who are unable to attend can still provide input on the plan. They can either email AgingPlan@pa.gov, provide feedback **through an online form** or mail the **Pennsylvania Department of Aging, c/o Master Plan, 555 Walnut St., 5th Floor, Harrisburg, PA 17101**.

York County Listening Sessions

**Thursday
SEPTEMBER 7, 2023**

6:00 - 8:00 pm
**North Hopewell
Winterstown VFC**
12246 Winterstown Road
Felton 17322

**Tuesday
SEPTEMBER 12, 2023**

5:00 - 7:00 pm
**Bare Center
@ Guthrie Memorial
Library**
2 Library Place
Hanover 17331

**Thursday
SEPTEMBER 14, 2023**

10:00 - 11:30 am
**St. Matthew's Evangelical
Lutheran Church**
839 W. Market Street
York 17401

**Thursday
SEPTEMBER 21, 2023**

5:00 - 6:30 pm
**St. Matthew's Evangelical
Lutheran Church**
839 W. Market Street
York 17401

When registering, please let us know if you will need accommodations and/or translation services.

**Call to Register
717-771-9001**

Mark your calendar!

**York County
Area Agency on Aging
& PA MEDI**

HEALTH FAIR

Thursday, September 21, 2023

9 am - 2 pm

2401 Pleasant Valley Road
York, PA 17402



Health services & resources include:

- **PA MEDI:** Meet our PA MEDI volunteers to get free, confidential, unbiased information on Medicare health insurance and low income programs
- **York County Area Agency on Aging:** Learn about our community-based services available to you or your loved ones
- **Social Security Administration:** Speak with a Public Affairs Specialist about programs like social security benefits, disability, survivor benefits, Medicare eligibility and more.
- **York County Assistance Office:** Ask questions about medical assistance eligibility, food assistance, long-term care and more
- **Veterans Affairs:** Check eligibility for VA benefits from an accredited service officer
- **PENNIE:** discuss options for health insurance if not eligible for Medicare
- **Wellspan:** Inquire about financial assistance, healthy care card and more
- **UPMC:** Explore the financial aid program
- **Nutrition:** 2023 Senior Farmers Market Nutrition Vouchers will be distributed in-person, if available



Keep Moving with our Health & Wellness Classes

Click the button for class descriptions and a link to our schedule.

Host Bill O'Brien, of the Better Living Radio Show, will be talking with Barbara Zortman, Director of the York County Center for Traffic Safety about Senior Driving Safety.

Tuesday, September 12th
10 - 11:00 am
WHVR 1280 am / 98.3 fm



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Medicare Education and Decision Insight

**Our next
Pre-Retirement
Seminar**

**will be
Thursday, September 28th
6 - 8:30 pm
via Zoom**

Pre-registration & a valid email
address are required.

Call: 717-771-9008

**Follow Us
on FaceBook**

York County Area Agency on
Aging has over 1500 followers
on FaceBook and a reach to
over 27,500 people &
organizations in our area. We
post important information,
classes, and fun things for
older adults, several times each
week.

**If you haven't joined us
yet, hit the follow button
and join us!**



**NEW HORIZONS
Comes Out Today!**

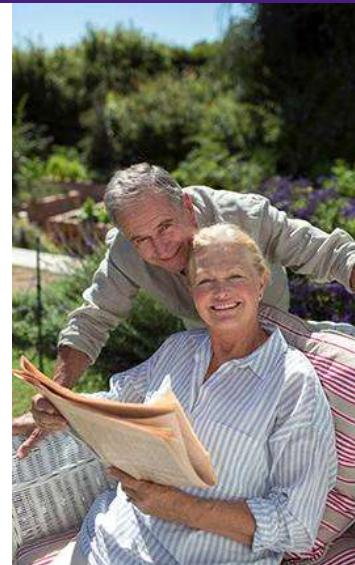
**The Autumn edition of New Horizons
(Sept. - Dec.) comes out**

TODAY, SEPTEMBER 1st!

This edition features Medicare Annual
Open Enrollment, as well as information to
help caregivers, articles about estate
planning, avoiding financial scams, and lots
more!

**Read it online
or pick one up today!**

[Read New Horizons Online Here](#)



**Get Ready for Medicare Open Enrollment
Make Your Appointment Today!**

Questions about your Medicare?

We are here to

HELP

Open Enrollment Dates



Join, switch or drop
Medicare Advantage or
Prescription Drug Plans.

Appointments are required.
Call the PA MEDI scheduling line
717-771-9042

Understanding Medicare can be difficult.

PA MEDI counselors are specially trained staff and volunteers who can answer your questions and provide you with nonbiased, objective, easy-to-understand information about Medicare.

They can help you:

- Make informed choices about Medicare coverage options, Medigap policies and Medicare Advantage Plans
- Understand Medicare eligibility & enrollment
- Understand what services are covered under Medicare Parts A and B and your Medicare Summary Notice
- Understand your Medicare Prescription Drug (Part D) benefit
- Apply for Medicare Savings Programs to save you money... and more!



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Medicare Education and Decision Insight

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**SCHEDULE YOUR
APPOINTMENT
TODAY!**

2023 MEDICARE ANNUAL OPEN ENROLLMENT EVENTS

For additional information or to register for the following Medicare events
call 771-9042 or 1-800-632-9073

Please do not call the event sites

WEDNESDAY, OCTOBER 18
9:00 AM to 1:00 PM

MONDAY, OCTOBER 23
9:00 AM to 2:00 PM

TUESDAY, OCTOBER 24
9:00 AM to 3:00 PM

YORK COUNTY AT PLEASANT VALLEY ROAD
2401 Pleasant Valley Road, York PA 17402

HERITAGE SENIOR CENTER
3700-4 Davidsburg Road, Dover PA 17315

SPIRITRUST LUTHERAN The Village @ Kelly Dr.
750 Kelly Drive, York PA 17404

