



Mark Your Calendars for the 2018 YORK COUNTY SENIOR GAMES

The 2018 York County Senior Games will be held June 18 through June 22.

Any York County resident 50 years of age or older by December 31, 2018, is eligible to participate. Anyone who participated in the 2017 Senior Games will automatically receive a registration booklet in the mail in April for the 2018 Senior Games. For more information or to be added to the mailing list, call (717) 771-9001 or email aging@yorkcountypa.gov. Visit the 'Forms and Documents' page of www.ycaaa.org after April 1st to download the 2018 registration booklet and registration form.

Volunteers are needed to assist with various aspects of the Games. Any individuals or community groups willing to spare a few hours and have some fun should call (717) 771-9001 or email aging@yorkcountypa.gov.

Rent-A-Kid



The Rent-A-Kid program, sponsored by the York County Area Agency on Aging (YCAAA), is an intergenerational program bringing older adults and youth together. York County residents, 60 years of age or older, who need help with various indoor and outdoor chores and other odd jobs are matched with youth in their area who can assist. The recommended reimbursement is \$5 per hour, or a negotiated rate based upon the job.



Don't wait - arrange for help BEFORE you need it! Call (717) 771-9103 or 1-800-632-9073 for information on Rent-A-Kid participants in your area.

Health Insurance Assistance

APPRISE is Pennsylvania's Health Insurance Assistance Program which provides counseling for all Medicare beneficiaries. APPRISE counselors are specially trained volunteers who have direct access to state and federal Medicare resources. They are able to answer your questions about Medicare, Medicaid, Medigap (Supplement Insurance), Medicare Advantage plans and the prescription drug program. The counselors can:



- * Help you understand Medicare benefits.
- * Help you understand the Medicare appeal process and assist with appeals.
- * Help you understand Medigap and Medicare Advantage plans.
- * Help you understand how Medicaid works.
- * Help you understand the prescription drug program.
- * Help you with benefits and programs you can use to save money.
- * Make presentations on Medicare to your organizations.

To schedule an appointment for free one-on-one counseling call the York County Area Agency on Aging's APPRISE Help Desk at (717) 771-9008 or 1-800-632-9073.